



Be Respectful

Act Responsibly

Strive for Excellence

# PADTHAWAY PRIMARY SCHOOL

*"Preparing for the future...today"*

## From the Principal

*"A smile is the best thing you can wear." - Marilyn Monroe*

Welcome back to school for Term 3. We have had a wonderful start to the term with all the students excited for their learning and engaging from day 1 with new ideas and concepts in their different subjects. It was so pleasing to hear the chorus of "I'm so glad I'm back at school" during the first weeks of school.

Term 3 sees us further exploring our Big Write and VCOPs for writing, with a Student Free Day planned for Week 7. Staff will also continue delving deeply into our reading instruction with a Student Free Day planned with world renowned speaker Simon Breakspear in Week 6.

Students will also explore PAT testing, experience a visit from Local Member Nick McBride, Tatiara District Council attendance, a Choir performance for choir members in Adelaide, Big Day Out for Preschool to Year 1, Book Week in Week 5 and a Book Week excursion for Years 2-4.

We are so fortunate to be able to provide our students with so many wonderful opportunities for learning, and this doesn't even count what is offered in class!

### SRC- Semester 2

Congratulations to the 4 new semester 2 SRC reps Archie McGregor and Anna Orton from the 3/4 class and Brandon Cooper and Clayton Parham from the R/1/2 class. The SRC are looking forward to the ideas and sharing you will bring to the team. Bailey Turner, Matilda Rothe, Amelia Frick and I are looking forward to working with you.

Thank you also to Toby Longbottom, Sam Hayes, Missy McGregor and Felicity Orton for their work throughout Semester 1. You demonstrated such responsibility in your role and the ideas and consideration you brought to meetings ensured you represented every student in your class.

Well done to all SRC members for ensuring they represent Padthaway School and demonstrate the school values- be respectful, act responsibly and strive for excellence- at all times.

### Red Nose Day

The SRC are hosting a Red Nose Day on Wednesday 14<sup>th</sup> August (Week 4). Red Nose Day raises money to combat the effect of SIDs and other unknown deaths in babies and children. The SRC are asking the students to wear red on Wednesday 14<sup>th</sup> and bring a gold coin donation to school. Red Nose Day pens and noses will also be available for purchase from the Front Office leading up to the day.

### Wellbeing Ambassadors

Our Wellbeing Ambassadors have been teaching the classes all about mental health and mental wellbeing. Each lesson focuses on informing the students about mental health and wellbeing and how these differ. Students also learn strategies focusing on positive mental wellbeing and the Wellbeing Ambassadors developed fantastic hands on activities to engage the students. One activity explored students attempting to keep balloons in the air, which was tricky as more balloons were added. Each time, the student chose a friend to support them. In discussion afterwards, the Wellbeing Ambassadors explained that the balloons are all of the things we have to juggle in life and that asking someone to help us made it easier to juggle these things- just like in the activity.

Well done to our Ambassadors for leading the way with mental health and wellbeing.

### Choir

The Choir is going well this year. Students are learning a range of songs about Adelaide and its sister cities. After our rehearsal this week the choir is sounding fantastic! Students auditioned in Term 2 for solos for the South East Music Festival in Mt Gambier and these solos were decided by the SE Choir

Committee over the holidays.

Congratulations to D'Arci Bell and Matilda Rothe who will be performing in Mt Gambier in Term 4. I was very impressed with the number of students who auditioned for a solo from Padthaway School and feedback from the committee was really positive. Choir students are also preparing for their performance in Adelaide in September. Students will be performing at Festival Theatre in Week 9 of this term.

### Book Week

Book Week will be held in Week 5 of this term. The theme is *Reading is my Secret Power*. Dress up day will be on Tuesday in conjunction with the whole school book week activities. The book fair will be held from Monday to Friday and will be open from 8:30am until 3:45pm. Students will have an opportunity to look at the books and write a wish list with their class. No sales to students will be made during recess and lunch.

### Picking Up After School

Thank you to everyone for ensuring you follow the road rules in front of the school. This makes it safer for everyone and ensures our children learn appropriate road safety skills. A friendly reminder that the carpark to the side of the school is to be used by staff only. All children are required to be dropped off in front of the school utilising our new parking spaces and crossing.

### Bike Shed

Thank you to Clint Congdon for repairing our bike shed that folded in the severe wind last term. Clint has welded together a steel frame to ensure this shed will be standing for years to come. We really appreciate the time and materials you volunteered and for making sure the shed is safe for our bike students. Thank you Congdon family!

### Term 3

I look forward to an excellent Term 3 of learning and am excited to share the students' engaged learning with you through the newsletter.

Olivia



**Wellbeing Ambassadors teaching the MP class**

## What Have We Been Up To In Preschool?

**Seed Germination:** We have read books and watched videos on seed germination, to give us a basic understanding of how seeds work and the different stages of seed growth.

The preschool children were fascinated with the difference in size and appearance of each seed. We discovered seeds are light brown, dark brown, small, flat, and different lengths.

We read instructions on how deep to plant the seed, how much sun or shade the seeds need, how often to water them, how soon will we see the seed sprout and how long before we will be able to eat the vegetables or herbs.

After planting the seeds, the children learnt the importance of taking care of them while observing their growth.

The children are connecting with the earth, while developing patience, gaining responsibility and noticing the world around them.

We look forward to harvesting lots of vegetables and herbs.

*Hayley*



## Well Done

Congratulations to Matilda, Xavier and Bryce Rothe and Amelia Frick for their recent success in the SA Junior Heifer Expo held over the school holidays. Matilda received 1st in Heifer Class and won the Junior Champion Heifer, Xavier placed 2nd in Heifer Class, Bryce placed 1st in Heifer Class and 5th in Handlers Class and Amelia placed 2nd in Heifer Class. Well done!



## 3/4 Good Sportsmanship

In the holidays I made up a PowerPoint about *Good Sportsmanship*. First of all I copied and pasted information from different websites. Then I stayed in at recess and lunch with Grace and Nirvana. We put it into our own words. Grace liked my PowerPoint because it made sense. She was impressed that I used my lunchtime to edit the punctuation and find out the meaning of tricky words. Miss Edwards thought it was amazing.

*Anna and Grace, Year 4*

I reckon that Anna's PowerPoint was great and it helped me a lot to learn about good sportsmanship. I can now see what it looks like and sounds like. It's important because if you play any sport, you definitely need to know how to be a good sport!

*Gus, Year 3*



## Miss Clothier in the JP

I am proud of myself for doing my best in the PE games because I can improve my skills. My favourite subject with Miss Clothier is PE because we get to play and learn lots of different games with different skills and they are enjoyable. I look forward to doing PE with Miss Clothier because we can play the game in the lesson and if we enjoy the game we often play it again. A skill I would like to develop is facts about Australia and where we live because I am interested in learning this. A goal for myself this term is to improve in my skipping skills so I can jump faster and do criss-cross!

*Missy, Year 1*



## SRC News

In Week 1, the classes all voted for the Semester 2 SRC members. We welcome Brandon Cooper, Clayton Parham, Anna Orton and Archie McGregor to SRC. If you see them, make sure to congratulate them!

At school, a group of students have made an 'Active Club', to run multiple sports during our breaks. Classmates have had good feedback for the club! In Week 4, the SRC's are fund raising for Red Nose Day. Please read the flyers displayed at school.

*Bailey, SRC President*



## Sports News

This term we are doing the Be Active Challenge. This means students have to complete 60 minute of physical activity at least 5 time a week. We have been skipping during recess and lunch which everyone loves.

An 'Active Club' is running different activities like skipping, running and lots of games to help add to our time.

*Ned, Year 5*



## Choir News

"YAY" school is back. The choir members were excited to start singing again. We have also started to create our choir banner for the SE Festival.

I would like to congratulate D'Arci Bell and Matilda Rothe for getting a solo for the SE Festival. D'Arci will be singing the solo for 'My Kawan' and Matilda will be singing the solo for 'The Word of Shu'.

This term some of the choir members will be attending the Adelaide Festival of Music in Adelaide. All the choir members that are going to Adelaide are very excited to perform. It will be a good experience for the year 5s and 6s who haven't performed in Adelaide before.

*Lily, Choir Captain*

## R/1/2 & 3/4 Buddies

This term in buddy time, we are learning about landmarks from around the world and Australia. In the groups with our Year 3/4 buddies we have started drawing a new landmark for Padthaway. It has to make people want to come here and be something that is about Padthaway. When we thought about what Padthaway has, we said it has lots of grapes, vines, wine, onions, potatoes and animals. After we finish designing the landmark in our group, then we will get to make it! At the end of the term our group can share it with the classes and see what cool things the other groups made.

*Louis, Reception*



## PCW Spot

Did anybody else feel like they needed a holiday after school holidays? We had a lot of family visiting which was lovely quality time, but boy was it loud and messy!

On more than one occasion I was sniffing pizza and blowing candles. Sounds strange, but let me explain...

When we are in a stressful situation our brain sends a signal to our adrenal glands to release the stress hormones adrenalin and cortisol. These hormones rev up our heartbeat and send blood rushing to the areas that need it most in an emergency, such as our muscles, heart and other important organs. The 'rational thinking' part of the brain is switched on 'sleep' mode while the body goes into survival mode. The body is ready to fight, flight or freeze.

A technique that I was taught by Lana Joy (a child psychologist at Smiles All Round in Naracoorte) is to practice deep breathing to calm the heart rate. Visualise that the palm of your hand is an amazing smelling piece of pizza, and smell it long and slow through your nose. Then turn your index finger into a candle, and slowly blow it out. If you sniff the pizza and blow the candle, in and out, in and out for a minute, your heartrate will be brought back down to a lower rate. When you have calmed down, you are then able to connect to the rational and logical part of your brain, so that you are able to think more clearly. Ask your children if they are familiar with this method (I believe some have been taught by the 'Wellbeing Ambassadors'), and give it a go when you feel your heartrate rising and your adrenalin pumping. This has prevented a lot of 'heat of the moment' anger outbursts and regrets in our home, and has also provided a few laughs.

Joke: What's the most stressful thing for a dragon? Trying to blow out the candles on its birthday cake.

Lisa

## 5/6/7 News

School is back with Mr. Exton on Monday, half Tuesday and Friday and Mrs. Capurso on half Tuesday, Wednesday and Thursday. In Reading, we are starting things like inferring with Mrs. Capurso. In Technology, we are learning how we can reduce our waste.

In Miss Clothier's lessons, we are doing Geography and Dance. In Dance we are doing 'fizzie dances'. In Geography we are learning about the supercontinent and how the earth has changed over time. In PE we are learning about orienteering and table tennis. We have learnt the backhand push in table tennis. It is fun!

D'Arci, Year 6

## Shave for a Cure at Padthaway

Year 6 student Blake Healy is taking part in the World's Greatest Shave for the Leukaemia Foundation. On the 5<sup>th</sup> of September 2019, 7pm at the Padthaway Football Club, he will be shaving his head to raise \$560 and everyone is welcome to participate.



Shave for a cure gives families facing blood cancer the emotional and practical support they need.

Every day another 35 Australians are diagnosed with a blood cancer. That's one Aussie every 41 minutes. Although research is improving survival, sadly an Australian loses their life to blood cancer every two hours.

## Term 2 Award Winners

Congratulations to the Term 2 Assembly Award Winners. *Striving for Excellence* is one of our values at Padthaway School and through focus and hard work, and the use of Growth Mindset, students are



## Community News Padthaway Playgroup

Playgroup is held on Tuesday of the even weeks of term from 9:00—10:30am. Playgroup is held during the Preschool session and allows greater social opportunities for children.

If you would like more information, please contact Hayley at school.

Next Playgroup date is 13th August.

## Padthaway Medical Centre

Consulting hours with Dr Sarah Willoughby are 9:00am—5:00pm every Monday and from 2.00pm Thursday afternoons in the Padthaway Medical Centre. To make an appointment please phone Robe Medical Clinic on 8768 2012 or Padthaway Medical Centre (Mondays and Thursday afternoons only) on 8765 5063.



Semester 2 SRC with President-Bailey Turner

# SPOTLIGHT ON LEARNING



## Eddie Brooksby

I am proud of myself for learning all of the alphabet and being able

to write it without looking. I've improved by practising at school and at home.

My favourite subject is PE because I can do games and activities that let me move my body a lot. I like to run and play chasey at recess time.

I look forward to VCOP games because they are fun and they help me think of words that I can use when writing or how I can put them in a sentence.

By the end of the year I hope to be able to read up to Level 7 so I can do lots of reading on my own and read harder books.

A skill I would like to develop is being a great friend because then I can make sure I'm being nice and saying kind things to others.

A goal for myself this term is to learn 20 or more sight words because it will help me to read them in books.

So far this year I have loved Life Education because we get to watch Harold the Giraffe on a show and pat him. I liked the activity when we stuck safety signs on the wall.

*Eddie, Year 1*



## Kristy-Leigh Robertson

I am proud of myself for my efforts in improving my behaviour at school

because this gives me opportunities to make more friends and get more school work done.

My favourite subject is Art. I really enjoy drawing, painting and designing and I would like to be an artist when I am older.

I look forward to learning new things. My Granddad once said to me "you never stop learning until the day you die." My Granddad died at 96 years of age! He must have learnt a lot!

By the end of the year I hope to be able to show my classmates that I am responsible enough to be considered for SRC next year.

A skill I would really like to develop further is being able to make more friendships because this will make me a happier person. I like having friends to play with at recess or lunch and being able to work with friends in class.

A goal for me this term is to be more respectful to others because this will also make me happy and others will be more friendly towards me.

So far this year I have loved music in my class because singing is one of my hobbies.

*Kristy-Leigh, Year 4*



## Harry Bell

I am proud of myself for working to control my anger better because it means I am not yelling or getting angry over little things. This makes

me happy and means I can focus on my work.

My favourite subject is Maths because I am comfortable with my times tables and this helps me with all my other tasks.

I look forward to doing measurement in Maths. We are doing some cool tasks and knowing my measurements will help me in the future.

By the end of the year I hope to be able to read a whole chapter book in 1 week. This will mean I can read more books and finish off some bigger series.

A skill I would like to develop is my inference skills when reading. I would like to develop how I find clues in the text I am reading and then make meaning from this.

A goal for myself this term is to finish my work quickly but also to a high standard. This means I will get good grades but I will also have more work to do, which I like.

So far this year I have loved Maths. It is my favourite subject because some of the things are tricky to do and it makes me think. I love getting the tricky things done because I get even more trickier things to do!

*Harry, Year 5*

### Dates to Remember

#### 5 August

Governing Council 6:30pm

#### 19-23 August

Book Fair

#### 20 August

Book Week Excursion Year 2-4

#### 22 August

Big Day Out: Preschool-Year 1

#### 30 August

Student Free Day

#### 2 September

School Closure Day—Show Day

#### 3 September

Student Free Day

### Tuck Day

#### 6th August (Week 3)

##### Hot Dogs

##### Helper

Lissy Orton

\*Muffins- Vicki Heym

#### 13th August (Week 4)

##### Spring Rolls and Salad

##### Helper

Carly Bell

Reanna Metcalfe

\*Muffins—Hollie Roach

Tammy Mathews, Kirilie Turner

Tuck Day Coordinators

Ph 8765 5028

### School Information

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Principal:  
Olivia English

Governing Council Chair:  
Sam Ward



Government of South Australia  
Department for Education

# PREMIER'S BE ACTIVE CHALLENGE

Have you completed 60 minutes of exercise today? We are skipping, running and playing every recess and lunch time!







# NARACOORTE HIGH SCHOOL

## PRINCIPAL'S TOUR

Tuesday 10th September 2019

You are invited to experience our school in action, guided by our team of highly experienced staff and student leaders. Learn about our vision and the wealth of opportunities that we have to offer! This is your chance to ask questions and for families to familiarise themselves with the school.

Talk and Walk Tour bookings are now available for:

Afternoon tour time - 2.15pm

Twilight tour time - 5.15pm

Q & A session with the Principal and Afternoon tea provided after each tour.

Bookings for tours are essential. Everyone welcome.

Please RSVP to the School on 8202 1100 by Tuesday 3rd September 2019.

*Every Student, All of the Time, Without Exception*

## Growing Resilient Kids Program

Smiles All Round Psychology and Counselling Service is offering our parent and child program aimed at up-skilling primary school aged children with effective strategies for managing anxiety and worry. We also focus on tools for promoting resilience.

This program is based on our Growing Resilient Kids Workshop. Workshop participation prior to the program is preferable. **Final acceptance to the program will be determined by the Smiles All Round team.**

### Term 3 Program commencing:

**Dates:** Tuesdays - 20<sup>th</sup> August to 24<sup>th</sup> September 3.45-4.45pm (6 sessions)

**Cost:** \$120 per family, 1 caregiver & 1 child

**Facilitator:** Gez Walter (Counsellor & Program Coordinator)

Expressions of Interest and Registration Forms need to be received by **Friday 9<sup>th</sup> August 2019**

**Contact:** [gez@smilesallround.com.au](mailto:gez@smilesallround.com.au)

or 0430 022 705

**phn**  
COUNTRY SA

An Australian Government Initiative

Smiles All Round gratefully acknowledges the financial support from Country SA PHN (CSAPHN) and the Australian Government Department of Health to enable us to offer our current program at a significantly subsidised rate.



# Padthaway School Term 3 Calendar

	Mon	Tues	Wed	Thurs	Fri
<b>1</b>	July 22 School Begins Term 3	23	24	25	26
<b>2</b>	29	30	31	Aug 1	2
<b>3</b>	5 Governing Council 6:30pm	6	7 SAPSASA Basketball	8 SAPSASA Basketball	9
<b>4</b>	12	13 Nick McBride Visit UP Tatiara District Council Meeting	14	15	16
<b>5</b>	19 Book Fair	20 Book Fair Book Week Excursion Year 2-4 Bordertown	21 Book Fair BOOK WEEK DRESS UP DAY 'Reading is my super power'	22 Book Fair Big Day Out Preschool – Year 1	23 Book Fair
<b>6</b>	26	27	28	29	30 Student Free Day
<b>7</b>	2 2019 Show Day No School	3 Student Free Day	4	5	6
<b>8</b>	9	10	11	12	13
<b>9</b>	16 VCOP Parent Arvo	17	18	19	20 Adelaide Choir Performance
<b>10</b>	23	24	25	26	27

## South Australian School Dates 2019

Term 2 Begins	29 <sup>th</sup> April
Term 2 Ends	5 <sup>th</sup> July
Term 3 Begins	22 <sup>nd</sup> July
Term 3 Ends	27 <sup>th</sup> September
Term 4 Begins	14 <sup>th</sup> October
Term 4 Ends	13 <sup>th</sup> December